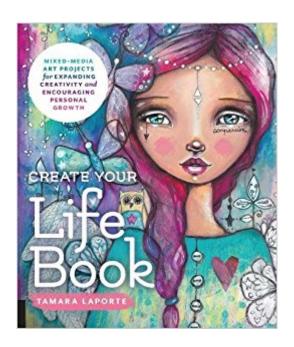


## The book was found

# Create Your Life Book: Mixed-Media Art Projects For Expanding Creativity And Encouraging Personal Growth





# Synopsis

Celebrate and honor your creative potential with Create Your Life Book!Based on much-loved mixed-media artist Tamara Laporteâ <sup>TM</sup>s popular, multi-year series of online classes, Create Your Life Book offers mixed-media drawing and painting projects that can raise your awareness of and help you work through personal challenges and other obstacles to creating art and achieving self-fulfillment.Each themed chapter presents 4 or 5 two-part projects: The first part of each project explores a common issue that hampers creativity and/or positive self-worth, and includes a worksheet or list of questions to be answered; the second part is a step-by-step mixed-media art project that provides a way for artists at all skill levels to contemplate and work through that issue. Also included are projects contributed by some of Tamaraâ <sup>TM</sup>s Life Book guest teachers--Roxanne Coble, Andrea Gomoll, Alena Hennessy, Mystele Kirkeeng, Ivy Newport, and Effy Wild--who are noted mixed-media artists in their own right. Along the way, Tamara shares inspirational photos and uplifting and encouraging affirmations. The final chapter presents a simple binding method for creating a keepsake book of your Life Book projects.

## **Book Information**

Paperback: 144 pages

Publisher: Quarry Books (December 26, 2017)

Language: English

ISBN-10: 1631593536

ISBN-13: 978-1631593536

Shipping Weight: 1.1 pounds (View shipping rates and policies)

Average Customer Review: Be the first to review this item

Best Sellers Rank: #36,129 in Books (See Top 100 in Books) #21 in Books > Crafts, Hobbies &

Home > Crafts & Hobbies > Mixed-Media #24 in Books > Arts & Photography > Other Media >

Mixed Media

#### Customer Reviews

Tamara Laporte is a celebrated mixed-media artist and art teacher who has been running her own creative business, willowing.org, since late 2008. Since then she has become a creative catalyst for thousands of artists. Her work, which can be described as â œmixed-media folk art meets magical realism,â • ranges from whimsical childrenâ ™s illustrations to more stylised fantasy art. Symbolism and layering play a big part in her work, and her paintings often contain healing themes, uplifting messages, and inspirational poetry. Tamara believes that the act of creating art can be a gateway

into healing and personal growth. Her art classes often contain an element of self-development as well as learning art techniques. She is deeply devoted to helping people get in touch with their creative fire, and works tirelessly to bring uplifting, nourishing, creative, and empowering content to her amazing tribe of thousands. Her work and articles have been published in several art magazines and books and she has been interviewed on several radio programs. She runs a variety of popular art classes on her ning network, which has more than 24,500 members and grows by 150-200 mixed-media enthusiasts each month. She lives in Devon, UK.Â

### Download to continue reading...

Create Your Life Book: Mixed-Media Art Projects for Expanding Creativity and Encouraging Personal Growth 101 Mixed Media Techniques: Master the fundamental concepts of mixed media art Wen Redmond's Digital Fiber Art: Combine Photos & Fabric - Create Your Own Mixed-Media Masterpiece Social Media: Master Social Media Marketing - Facebook, Twitter, Youtube & Instagram (Social Media, Social Media Marketing, Facebook, Twitter, Youtube, Instagram, Pinterest) One Drawing A Day: A 6-Week Course Exploring Creativity with Illustration and Mixed Media (One A Day) Painted Pages: Fueling Creativity with Sketchbooks and Mixed Media 3D Art Lab for Kids: 32 Hands-on Adventures in Sculpture and Mixed Media - Including fun projects using clay, plaster, cardboard, paper, fiber beads and more! (Lab Series) Lucid Dreaming, Plain and Simple: Tips and Techniques for Insight, Creativity, and Personal Growth The Artful Parent: Simple Ways to Fill Your Family's Life with Art and Creativity--Includes over 60 Art Projects for Children Ages 1 to 8 Creative Strength Training: Prompts, Exercises and Personal Stories for Encouraging Artistic Genius Creative Photography Lab: 52 Fun Exercises for Developing Self-Expression with your Camera. Includes 6 Mixed-Media Projects (Lab Series) Paint Mojo - A Mixed-Media Workshop: Creative Layering Techniques for Personal Expression Creative Illustration & Beyond: Inspiring tips, techniques, and ideas for transforming doodled designs into whimsical artistic illustrations and mixed-media projects (Creative...and Beyond) Instagram: Instagram Blackbook: Everything You Need To Know About Instagram For Business and Personal - Ultimate Instagram Marketing Book (Social Media ... Influencer, Instagram Rapid Growth) Craft Projects for Minecraft(R) and Pixel Art Fans: 15 Fun, Easy-to-Make Projects (Create IRL Versions of Characters, Creepers, Tools, & Blocks in the Pixelated Style of Your Favorite Video Game Real-Time Marketing for Business Growth: How to Use Social Media, Measure Marketing, and Create a Culture of Execution Mixed-Media Mosaics: Techniques and Projects Using Polymer Clay Tiles, Beads & Other Embellishments Social Media: Strategies To Mastering Your Brand- Facebook, Instagram, Twitter and Snapchat (Social Media, Social Media Marketing) Inspired Remnants, Curious Dreams: Mixed

Media Projects in Epoxy Clay You Are Your Child's First Teacher, Third Edition: Encouraging Your Child's Natural Development from Birth to Age Six

Contact Us

DMCA

Privacy

FAQ & Help